

Dr. Starkman & DPC

Dr. Starkman believes that the Direct Primary Care (DPC) model combined with Integrative Medicine allows for the best possible combination in preventative healthcare today. DPC improves patient's access to their physician along with their utilization of services. The availability of an Integrative Medicine approach and more time with patients further helps Dr. Starkman focus on each patient's root causes of disease, enabling patients to heal properly. Dr. Starkman chose to transition his practice to DPC to offer patients an affordable and higher quality experience, a practice model that is only possible without the administrative burdens imposed by 3rd party payers. Therefore, Osteopathic Healing Arts, LLC no longer accepts insurance.

Dr. Starkman is a Board Certified Family Medicine Physician and graduate of Midwestern University-Chicago College of Osteopathic Medicine. He completed his residency training at the University of Chicago (Northshore) Family Medicine Residency Program in Glenview, IL. His treatment approach is Integrative; Dr. Starkman utilizes Family Medicine, Osteopathic Manipulative Therapy (OMT), Nutrition and Functional Medicine to help patients recover from illness and optimize their health.



Osteopathic Healing Arts, LLC

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*Family Medicine
Osteopathy
Holistic Medicine
Direct Primary Care*

Accessible & Affordable care
All ages and conditions welcome.

Price Transparency
Supplement Discounts
Wholesale Labs & Medications
And More...

Joseph J. Starkman, D.O.
1029 W Park Ave.
Libertyville, IL 60048



Overview of Direct Primary Care

Osteopathic Healing Arts, LLC follows the Direct Primary Care (DPC) model. We do not bill or collect from insurance companies. Patients pay a monthly service fee, which covers our costs of providing care to you and your family. There are no co-pays, co-insurance or deductibles for services provided by our practice. We believe that the best primary care medicine is both personal and affordable.

As a patient, you and Dr. Starkman will make decisions about your healthcare, without the impersonal management that inevitably comes from third-party payers. DPC is not a substitute for healthcare insurance, and often works best when coupled with a high deductible, low monthly premium plan coupled with an HSA.

Practice Benefits Included with Membership

Membership Rates

Ages 0-19	\$30/mo*
Ages 20-39	\$65/mo
Ages 40-59	\$95/mo
Ages 60+	\$125/mo

Employer Rate of \$60/mo with 10 or more enrolled members

* With an adult member (\$45 without an adult member)

One time enrollment fee of \$160 per member - Non-refundable

- Office visits and in-office procedures
- Accessibility by text, email, phone and video chat
- Extended visits for multiple concerns
- Same day or next day acute visits
- Annual comprehensive physical exam Access to discounted imaging rates and wholesale labs & medications
- Wholesale Specialty labs (e.g. ZRT Saliva Hormone, Micronutrients, Food Allergy)
- 20% off online supplement ordering RubiconMD consultation saves you trips to specialists
- Thyroid management and Bio-identical hormone replacement therapy
- Smaller practice size offering more time and attention

Membership Discounts

IV Therapy
HCG Weight Loss diet
Allergy Testing & Treatment
Osteopathic Treatments
BEMER Therapy Device

At Osteopathic Healing Arts, we make care simple again. Visit www.ohadpc.com for more information and to enroll today!